

HealthSouth  
Rehabilitation Hospitals  
A Higher Level of Care



Aggressive rehabilitation can make a difference in how quickly you are able to return home and get back to the quality of life you deserve following an illness or injury. Like anyone, you want to get the best care in the most appropriate setting.

**Did you know there is a difference between a rehabilitation hospital and other healthcare settings such as a nursing home or assisted living center?** Rehabilitation hospitals utilize a team approach to offer a more intense regimen and higher level of care such as greater physician involvement and therapy time.

HealthSouth's rehabilitation hospitals offer a wide range of proven and documented rehabilitation

programs for a variety of diagnoses. Specializing in physical medicine and rehabilitation, our physicians lead a highly qualified team of nurses and therapists to provide a coordinated program of rehabilitative care, utilizing the most advanced technology available.

When you choose a HealthSouth Rehabilitation Hospital, you are choosing the nation's largest provider of inpatient rehabilitation services. Our therapists, medical staff and physicians have dedicated their lives to one goal – returning patients to the community at their optimal level of independence as quickly as possible.

As a health services provider, our success depends on the quality of care provided in each HealthSouth

Rehabilitation Hospital. That's why, for more than a decade, we have enlisted one of the nation's leading healthcare research firms to continually measure our patients' experience. HealthSouth Rehabilitation Hospitals consistently rank above the national average in two important categories: "Would You Recommend" and "Overall Quality of Care."

It all adds up to getting you better, faster. So if you or someone you know requires rehabilitation following an injury or illness, look to a HealthSouth Rehabilitation Hospital. **It's your choice. You deserve a higher level of care.**

## Make the Right Choice

The next step in your recovery is your choice. When seeking rehabilitation for you or your loved one, it's important to know there are different settings from which to choose. Although many hospitals offer rehabilitation services, the quality, amount and comprehensiveness of these services can vary significantly. The type of setting, the experience and expertise of its physicians and staff, and the availability of the most advanced clinical and rehabilitation resources are important factors to consider when making your choice.

The following questions can help you evaluate your options for inpatient rehabilitative care.

	HealthSouth	Other
1. Is the facility truly a rehabilitation hospital, <b>accredited</b> by a recognized organization such as the Joint Commission on Accreditation of Healthcare Organizations or the Commission on Accreditation of Rehabilitation Facilities?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Does the facility offer a variety of therapeutic resources such as <b>aquatic therapy</b> and cutting-edge <b>rehabilitation technology</b> to help you reach your full potential for recovery?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. Will your care be directed by a <b>specialized rehabilitation physician</b> who is available to manage your medical needs on a daily basis, if necessary?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4. Is the facility required to <b>routinely monitor how well patients</b> do as a result of their rehabilitation? If so, do the vast majority of patients <b>return home</b> after completing their rehabilitation?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Does the entire clinical staff work as a <b>team</b> , coordinating experts from a variety of disciplines, including medical, nursing and therapy, to ensure you receive the most benefit from your rehabilitation?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
6. Are there expert <b>physical, speech</b> and <b>occupational</b> therapists to carry out an <b>individualized treatment plan</b> based on your specific needs?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Are rehabilitation services required <b>three hours daily</b> and available <b>up to six-seven days a week</b> ?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Do family members and patients <b>meet regularly</b> with physicians and the rehabilitation team to set goals and discuss progress?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
9. Does the staff provide <b>education and training</b> such as support group meetings to help you and your family with the skills needed for a smooth transition home?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
10. Does the facility offer <b>comprehensive outpatient and/or home health services</b> if you require further rehabilitation after your stay?	<input checked="" type="checkbox"/>	<input type="checkbox"/>

*I went home confident about taking care of myself.*

*HealthSouth Chesapeake Rehabilitation Hospital  
Salisbury, MD*

*I was very pleased with my progress and extremely impressed with the quality of care I received.*

*HealthSouth Sea Pines Rehabilitation Hospital  
Melbourne, FL*

*I am so thankful to have had the opportunity to stay at HealthSouth. I was nervous about leaving the hospital, but the care and training I received was excellent. I'm doing fine at home and know it is because of the help I received at your center.*

*HealthSouth Rehabilitation Hospital of Utah  
Sandy, UT*

*Our experience at HealthSouth was very positive. We continue to be involved in the outpatient rehab program. We are seeing amazing results from this therapy!*

*HealthSouth Rehabilitation Hospital of Arlington  
Arlington, TX*

*Make the Right Choice.*

**HEALTHSOUTH<sup>®</sup>**

[healthsouth.com](http://healthsouth.com)